



**Welcome to St Alban's Forster
Day of Pentecost**



Notices:

- Symphonia Today!
- GLAICA Service today
- Mini Lunch on Wednesday
- Op Shop Celebration today at 11.30am

*Spirit of God be near to us now,
radiance from above.*

*Open our hearts, our spirits inspire,
breath of the fire of love.*

Wisdom of God, strengthen our faith,
weakness and sorrow mend.

In times of stress, in times of pain, be
to us guide and friend.

*Spirit of God be near to us now,
radiance from above.*

*Open our hearts, our spirits inspire,
breath of the fire of love.*

Mirror of truth, hope in the world,
show us the Saviour's face.

Come to us now, fountain of love, with
your anointing grace.

*Spirit of God be near to us now,
radiance from above.*

*Open our hearts, our spirits inspire,
breath of the fire of love.*

Water of life, spring for our souls,
flow in us life divine.

Actions of love, words full of hope,
help to be Your signs.

Christopher Walker OCP Skye Boat Song

**Come Holy Spirit
gracious heavenly dove
Come fire of love**

**Come Holy Spirit
mercy from on high
Come lift our hearts**

**Come Holy Spirit
strengthen us to serve
Come fill our lives**

**Come Holy Spirit
gracious heavenly dove
Come fire of love**

**Spirit of love,
enfold and teach us;
Spirit of peace,
rest deep within;
Spirit of change,
transform and heal us;
Spirit divine; Spirit divine.**

Spirit of hope

give strength and purpose;

Spirit of joy

lift up, release;

Spirit of faith

give trust and courage;

Spirit divine; Spirit divine.

**Spirit of love inspire and stir us;
Spirit of truth come shine within;
Spirit of grace assure and gift us;
Spirit divine; Spirit divine.**

Spirit working in creation,
bringing order out of strife;
Come surround God's gathered
people, giving harmony and life.
Spirit speaking through the prophets,
so the voice of God is heard;
Come inspire, alert your people
to our day's prophetic word.

Spirit, driving to the desert
even God's Anointed One:

Come to us in trial and testing that
God's will in us be done.

Spirit, bringing freedom, blessing, help
to poor, and health to lame:

Come, anoint us, that such wonders
may be done in Jesus' Name.

Spirit, taking, breaking, making bread
and wine our heavenly food:

Come, and take us, break us, make us,
live Christ's life in us renewed.

Spirit, breathed on the disciples, giving
peace where there was fear:

Come amongst us, touch us, send us,
making Jesus' presence near.

Spirit, wind and flame, empower
as we witness to the lost:
Come, unite, renew your wonders
on this day Pentecost!
Praise and glory, Holy Spirit,
for your love on us outpoured:
Giving honour to the Father,
and proclaiming Jesus - “Lord”.

Christ is risen! Alleluia!

He is risen indeed! Alleluia!

The Lord be with you.

And also with you.

We come by the grace of the one God,
creator of beauty, lover of justice.

Blessed be God for ever.

We pray in the name of the Lord Jesus Christ, one with us in sorrow and in joy.

Blessed be God for ever.

We are one in the Spirit who fills the Church, breath of life, making all things new.

Blessed be God for ever.

Come let us worship the holy and
glorious Trinity, as we pray together:
*God of the feast, your Wisdom calls
us, your Word teaches us
and you feed us with your life.
Give us grace to welcome one another
as you have welcomed us in Christ
Jesus, in whose name we pray. Amen.*

Day of Pentecost

Almighty God,

at the feast of Pentecost

you sent your Holy Spirit to the disciples,

filling them with joy and boldness to

preach the gospel:

empower us with that same Spirit

empower us with that same Spirit
to witness to your redeeming love
and draw all people to you;
through Jesus Christ our Lord,
who lives and reigns with you
and the Holy Spirit,
one God, now and for ever. **Amen.**

Reading

A reading from the First Letter of the Corinthians chapter twelve beginning at the first verse.

Hear the word of the Lord,
thanks be to God

Psalm 104: 26 - 36

Lord how various are your works:

*in wisdom you have made them
all and the earth is full of your
creatures.*

There is the wide immeasurable sea:

***there move living things without
number great and small.***

There go the ships to and fro:

***and there is that Leviathan whom
you formed to sport in the deep.***

These all look to you:

to give them their food in due season.

When you give it to them they gather it:

***when you open your hand they
are satisfied with good things.***

When you hide your face they are
troubled:

***when you take away their breath
they die and return to their dust.***

When you send forth your spirit they
are created:

***and you renew the face of the
earth.***

May the glory of the Lord endure for
ever:

***may the Lord rejoice in his
works.***

If he look upon the earth it shall
tremble:

***if he but touch the mountains
they shall smoke.***

I will sing to the Lord as long as I live:

***I will praise my God while I have
any being.***

May my meditation be pleasing to him:

for my joy shall be in the Lord.

**Spirit of the living God,
Fall afresh on me.**

**Spirit of the living God,
Fall afresh on me.**

Break me, melt me,

Mould me, fill me,

**Spirit of the living God,
Fall afresh on me.**

twice

The Gospel of our Lord Jesus Christ
according to John, chapter twenty
beginning at the nineteenth verse.



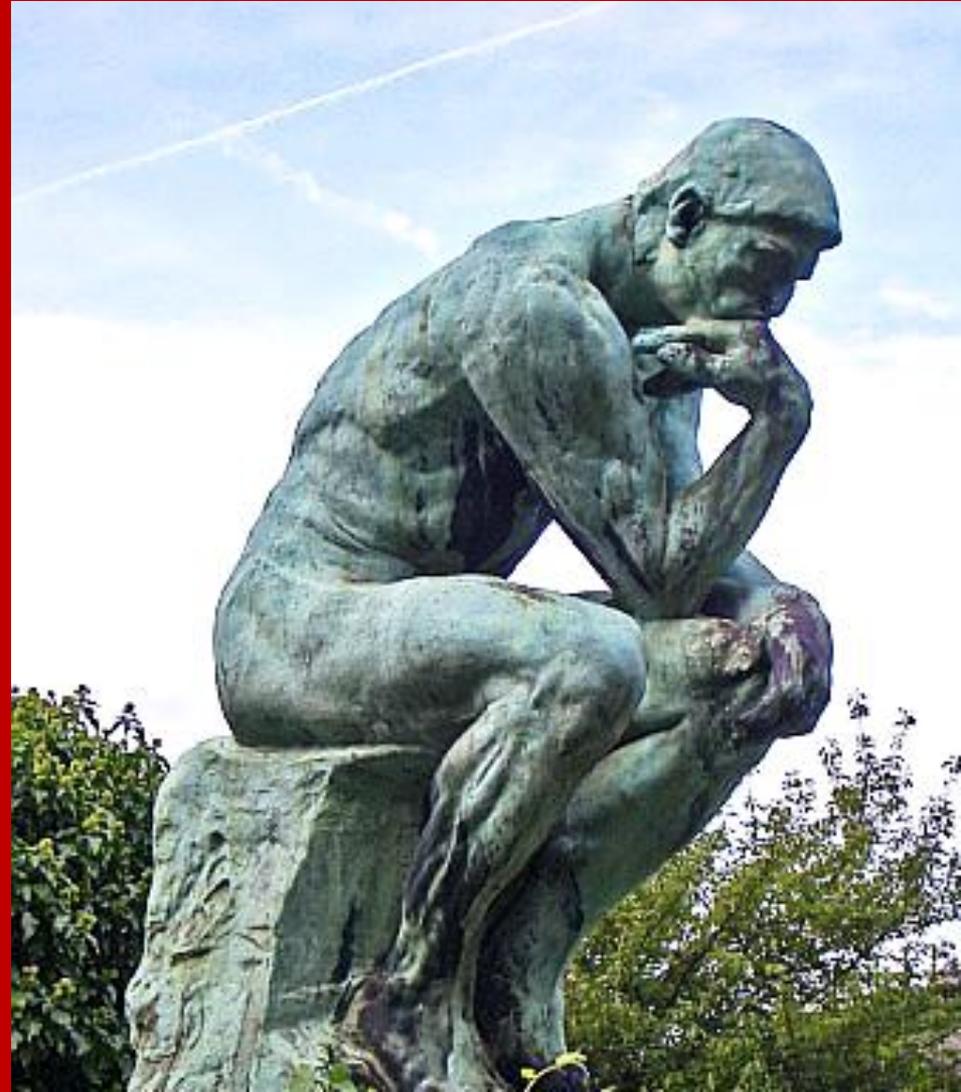
Pondering Pentecost's Feast

**Different food for
different folks.**



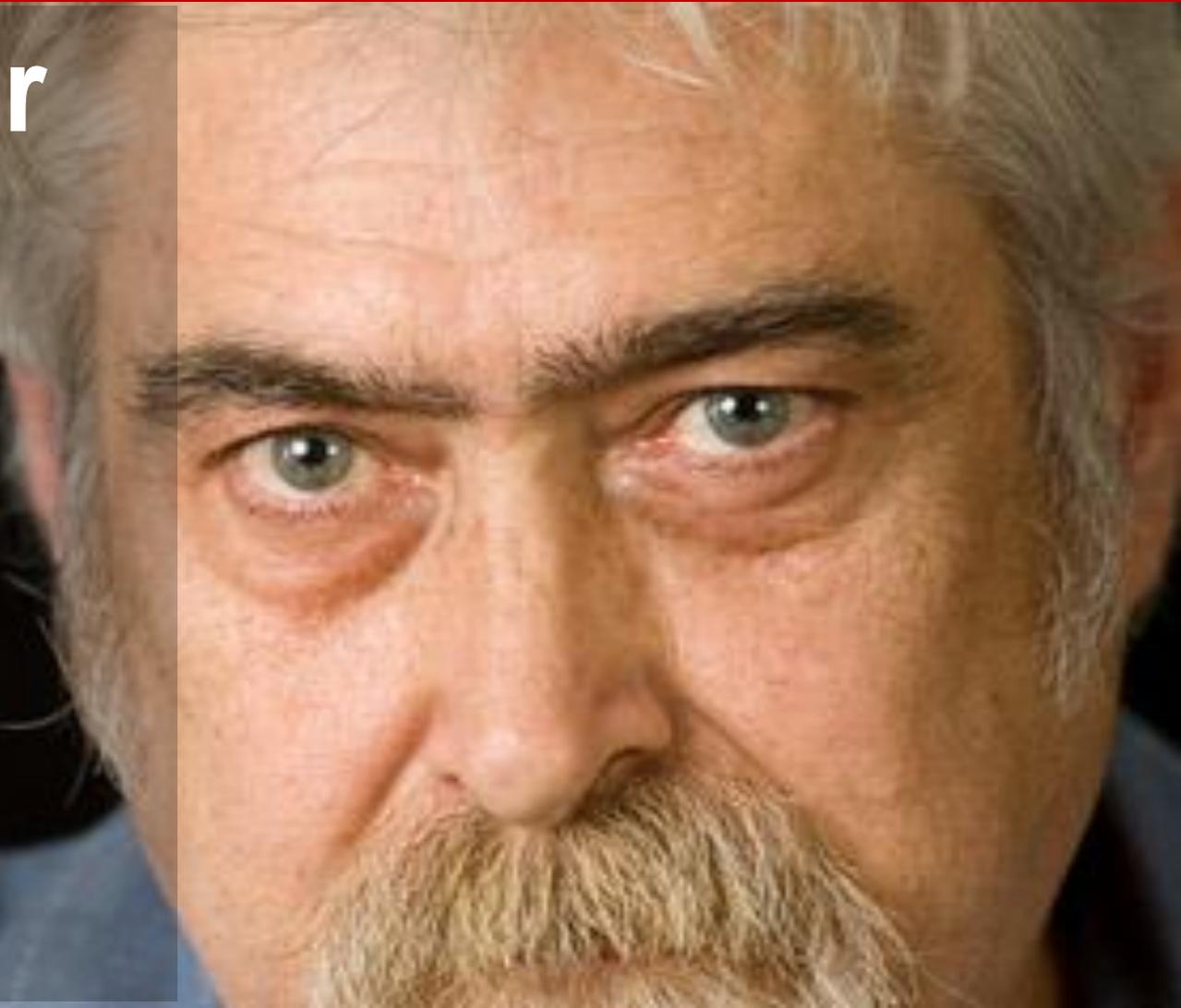
**Tony
Thinker
from
Tuncurry
Thinking
about
Pentecost.**

**Substance
from
sermon,
scriptures,
discussion.**



**Derek Doer
from
Dyer's
Crossing**

**Actions at
Pentecost**



A hand-drawn diagram of an action plan table. The table is drawn with blue lines on a white background, which is itself on a red background. The table has four columns and one row. The columns are labeled 'what', 'how', 'who', and 'when' in red cursive text. The table is held by two green binder rings at the top. Below the table, the words 'action plan' are written in orange cursive text.

| what | how | who | when |
|------|-----|-----|------|
| | | | |

Action Plan

action plan



**Feeling
Freda from
Forster**

**Feeling
at
Pentecost**

Pondering Pentecost's Feast

Different food
for different
folk.



I Can't
KEEP CALM

I'm Feeling
INSPIRED

**Pearl the
Prayer from
Pacific
Palms**

**Praying at
Pentecost**





**God
focussed.**

**Hearing not
speaking.**



Open to the Spirit

Colorbox



Symbols of the Holy Spirit

**I believe in God, the Father almighty,
Creator of heaven and earth.**

**I believe in Jesus Christ, God's only
Son, our Lord, who was conceived by
the Holy Spirit, born of the virgin
Mary, suffered under Pontius Pilate,**

**suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose from the dead;
he ascended into heaven, and is
seated at the right hand of the Father;**

**from there he will come to judge
the living and the dead. I believe in
the Holy Spirit, the holy catholic
Church, the communion of saints, the
forgiveness of sins, the resurrection of
the body, and the life everlasting.**

Amen.

Today we sing our prayers of intercession.
Please join in singing when you feel you
know the simple tune.

Hear our prayer, Hear our prayer

For all your church, Lord:
may we be one.

Hear our prayer, Hear our prayer

For all the nations:
lead us to peace

Hear our prayer, Hear our prayer

Banish all hatred:
free us from fear.

Hear our prayer, Hear our prayer

May all our children:
grow in your love.

Hear our prayer, Hear our prayer

Come Holy Spirit:
renew our hearts

Hear our prayer, Hear our prayer

Send us Your gifts Lord:
teach us to serve.

Your kingdom come:

Your will be done

Father in heaven:

Hallow Your name

Your kingdom come:

Your will be done

Forgive us our sins Lord:

As we forgive

Your kingdom come:

Your will be done

Save us from evil:

and from all trial

Your kingdom come:

Your will be done

Yours is the Kingdom:
glory and pow'r

Your kingdom come:

Your will be done

We remember that the Lord Jesus died
to take away our sins.

silence

Let us confess our sins to the God who
knows us through and through.

***Holy God, we have
disobeyed your commandments,
we have resisted your call,
we have failed to live
by your generous love.
We are sorry for all our sins,
and ask you to forgive us,
through Jesus Christ our Lord. Amen***

God who has called us is faithful,
and will not remember our sins.
Your sins are forgiven,
your failures are forgotten
through Jesus Christ our Saviour.
Live by the Spirit's transforming power,
and forgive as you have been forgiven.

Amen.

The peace of the Lord
be always with you.

And also with you.

We greet one another
with the peace of Christ.

You've poured out Your Spirit,

Great Father of Life,

Your presence, Your power,

the Spirit of Christ,

The fruit of His triumph,

the breath of His love,

The proof He has risen

and reigns now above.

**Your promise is given
in wind and in flame,
With lives now ignited
to burn in Your name.
Now loving, now holy,
now hold in the truth,
Your body, Your people
are one, Lord, in You.**

**We praise You, our Father,
the Fountain of Life,
For comfort and challenge,
for purpose and light.**

**In love we will share all
the gifts You provide
That all may be blessed
and our Lord glorified.**

Your challenge is sounding.

Our calling is clear:

**To live out a gospel
the needy can hear.**

**Lord, help us to go till
all people have heard,**

**And touch every life with
the love of the Lord.**

Text: Walter C. Smith, 1867 alt

Tune: Welsh, in J.Roberts' *Caniadau y
Cyssegr* 1839

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

With all our hearts we praise you, faithful God. In the beginning, you called light to shine in darkness, you made living things to grow and flourish and you created human beings in your image. You chose us in love, guided us by your presence and blessed us with your holy law.

Yet we chose our own sinful ways.
We broke your commandments,
persecuted your prophets,
forgot your wisdom and, time after time,
refused to answer your call.
So you spoke an eternal word in a human
voice in Jesus of Nazareth, son of Mary,
Son of God. He called and people
followed, leaving every other loyalty.

He set us free to praise your holy name. But hatred and violence shouted Jesus down. Betrayed and abandoned and nailed to a cross, he laid down his life for the world he loved, and broke the chains of evil and death. Then you turned our sorrow into joy.

On the third day you raised him up to lead
your people into life. So we praise you, holy
God, with angels and archangels and all your
faithful people:

Holy, holy, holy Lord, God of power and might.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord

Hosanna in the highest.

On the night before he died,
Jesus gathered with his friends
to share a meal and wash their feet,
teaching one more lesson of love.
He took bread and blessed you and broke
it. He gave it to them and said:
“Take this and eat it. This is my body.”
He took a cup of wine and blessed you
and gave it to them.

He said: “Take this and drink it.
This is my blood, sealing God’s promise to
forgive your sins. Whenever you do this, do
it in memory of me.”

As we share these holy gifts, we remember
the Lord Jesus. For the love you taught us,
the sacrifice you made for us
and the hope you give us,
we acclaim you, O Christ:

Dying you destroyed our death.

Rising, you restored our life.

Christ Jesus, come in glory.

And now, faithful God, send us your Spirit to feed us with the body and the blood of our Saviour, Jesus Christ. Make us one body in Christ. Send us as your messengers in the world and fill us with energy, courage and love. Now to you, most holy God,

through Christ your Son
and in the Spirit's power,
we bring our worship
and our songs of praise:

***Blessing and honour and glory
and power are yours for ever and ever.
Amen.***

As this broken bread was once many grains, which have been gathered together and made one bread:

so may your Church be gathered from the ends of the earth into your kingdom.

The gifts of God for the people of God.

Draw near with faith, to feed on Christ in your hearts with thanksgiving.

Communion is shared

This is the Lord's table - all who seek
God's love and mercy are welcome.

*An opportunity
to be open to the Spirit.*

We thank you, God, for all the blessings of this table: for the life-giving story, the living bread and the wine of new creation.

Send us, we pray, in the strength of this meal, to tell the Good News to neighbours and strangers with creative words and compassionate service, walking the way of Christ.

God stir up within you the gift of the Spirit, that you may confess Jesus Christ as Lord and proclaim the joy of the gospel, wherever you may be and the blessing of God, the Father, the Son and the Holy Spirit, be upon you now and for ever. ***Amen.***

**Filled with the Spirit's power, with
one accord**

**the infant church confessed its
risen Lord:**

**O Holy Spirit, in the church today
no less your power of fellowship
display.**

**Now with the mind of Christ set us
on fire,
that unity may be our great desire:
give joy and peace; give faith to
hear your call,
and readiness in each to work for
all.**

**Widen our love, good Spirit, to
embrace
in your strong care all those of every
race:
like wind and fire with life among us
move
till we are known as Christ's, and
Christians prove.**

John Raphael Peacey 1896 – 1971 *alt*

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To a troubled world
peace from Christ.

To a searching world
love from Christ.

To a waiting world
hope from Christ.

We go out in peace
in the name of Christ. Amen!