



**Welcome to St Alban's Forster  
Day of Pentecost**



## **Notices:**

- **Symphonia Today!**
- **GLAICA Service today**
- **Mini Lunch on Wednesday**
- **Op Shop Celebration today at 11.30am**

*Spirit of God be near to us now,  
radiance from above.*

*Open our hearts, our spirits inspire,  
breath of the fire of love.*

Wisdom of God, strengthen our faith,  
weakness and sorrow mend.

In times of stress, in times of pain, be  
to us guide and friend.

*Spirit of God be near to us now,  
radiance from above.*

*Open our hearts, our spirits inspire,  
breath of the fire of love.*

Mirror of truth, hope in the world,  
show us the Saviour's face.

Come to us now, fountain of love, with  
your anointing grace.

*Spirit of God be near to us now,  
radiance from above.*

*Open our hearts, our spirits inspire,  
breath of the fire of love.*

Water of life, spring for our souls,  
flow in us life divine.

Actions of love, words full of hope,  
help to be Your signs.

Christopher Walker OCP Skye Boat Song

**Come Holy Spirit  
gracious heavenly dove  
Come fire of love**

**Come Holy Spirit  
mercy from on high  
Come lift our hearts**

**Come Holy Spirit  
strengthen us to serve  
Come fill our lives**

**Come Holy Spirit  
gracious heavenly dove  
Come fire of love**

**Spirit of love,  
enfold and teach us;  
Spirit of peace,  
rest deep within;  
Spirit of change,  
transform and heal us;  
Spirit divine; Spirit divine.**

**Spirit of hope**

**give strength and purpose;**

**Spirit of joy**

**lift up, release;**

**Spirit of faith**

**give trust and courage;**

**Spirit divine; Spirit divine.**

**Spirit of love inspire and stir us;  
Spirit of truth come shine within;  
Spirit of grace assure and gift us;  
Spirit divine; Spirit divine.**

Spirit working in creation,  
bringing order out of strife;  
Come surround God's gathered  
people, giving harmony and life.  
Spirit speaking through the prophets,  
so the voice of God is heard;  
Come inspire, alert your people  
to our day's prophetic word.

Spirit, driving to the desert  
even God's Anointed One:

Come to us in trial and testing that  
God's will in us be done.

Spirit, bringing freedom, blessing, help  
to poor, and health to lame:

Come, anoint us, that such wonders  
may be done in Jesus' Name.

Spirit, taking, breaking, making bread  
and wine our heavenly food:

Come, and take us, break us, make us,  
live Christ's life in us renewed.

Spirit, breathed on the disciples, giving  
peace where there was fear:

Come amongst us, touch us, send us,  
making Jesus' presence near.

Spirit, wind and flame, empower  
as we witness to the lost:  
Come, unite, renew your wonders  
on this day Pentecost!  
Praise and glory, Holy Spirit,  
for your love on us outpoured:  
Giving honour to the Father,  
and proclaiming Jesus - “Lord”.

Christ is risen! Alleluia!

*He is risen indeed! Alleluia!*

The Lord be with you.

*And also with you.*

We come by the grace of the one God,  
creator of beauty, lover of justice.

*Blessed be God for ever.*

We pray in the name of the Lord Jesus Christ, one with us in sorrow and in joy.

***Blessed be God for ever.***

We are one in the Spirit who fills the Church, breath of life, making all things new.

***Blessed be God for ever.***

Come let us worship the holy and  
glorious Trinity, as we pray together:  
*God of the feast, your Wisdom calls  
us, your Word teaches us  
and you feed us with your life.  
Give us grace to welcome one another  
as you have welcomed us in Christ  
Jesus, in whose name we pray. Amen.*

# Day of Pentecost

Almighty God,

at the feast of Pentecost

you sent your Holy Spirit to the disciples,

filling them with joy and boldness to

preach the gospel:

empower us with that same Spirit

empower us with that same Spirit  
to witness to your redeeming love  
and draw all people to you;  
through Jesus Christ our Lord,  
who lives and reigns with you  
and the Holy Spirit,  
one God, now and for ever. **Amen.**

# Reading

A reading from the First Letter of the Corinthians chapter twelve beginning at the first verse.

Hear the word of the Lord,  
***thanks be to God***

Psalm 104: 26 - 36

Lord how various are your works:

*in wisdom you have made them  
all and the earth is full of your  
creatures.*

There is the wide immeasurable sea:

***there move living things without  
number great and small.***

There go the ships to and fro:

***and there is that Leviathan whom  
you formed to sport in the deep.***

These all look to you:

***to give them their food in due season.***

When you give it to them they gather it:

***when you open your hand they  
are satisfied with good things.***

When you hide your face they are  
troubled:

***when you take away their breath  
they die and return to their dust.***

When you send forth your spirit they  
are created:

***and you renew the face of the  
earth.***

May the glory of the Lord endure for  
ever:

***may the Lord rejoice in his  
works.***

If he look upon the earth it shall  
tremble:

***if he but touch the mountains  
they shall smoke.***

I will sing to the Lord as long as I live:

***I will praise my God while I have  
any being.***

May my meditation be pleasing to him:

***for my joy shall be in the Lord.***

**Spirit of the living God,  
Fall afresh on me.**

**Spirit of the living God,  
Fall afresh on me.**

**Break me, melt me,**

**Mould me, fill me,**

**Spirit of the living God,  
Fall afresh on me.**

*twice*

The Gospel of our Lord Jesus Christ  
according to John, chapter twenty  
beginning at the nineteenth verse.



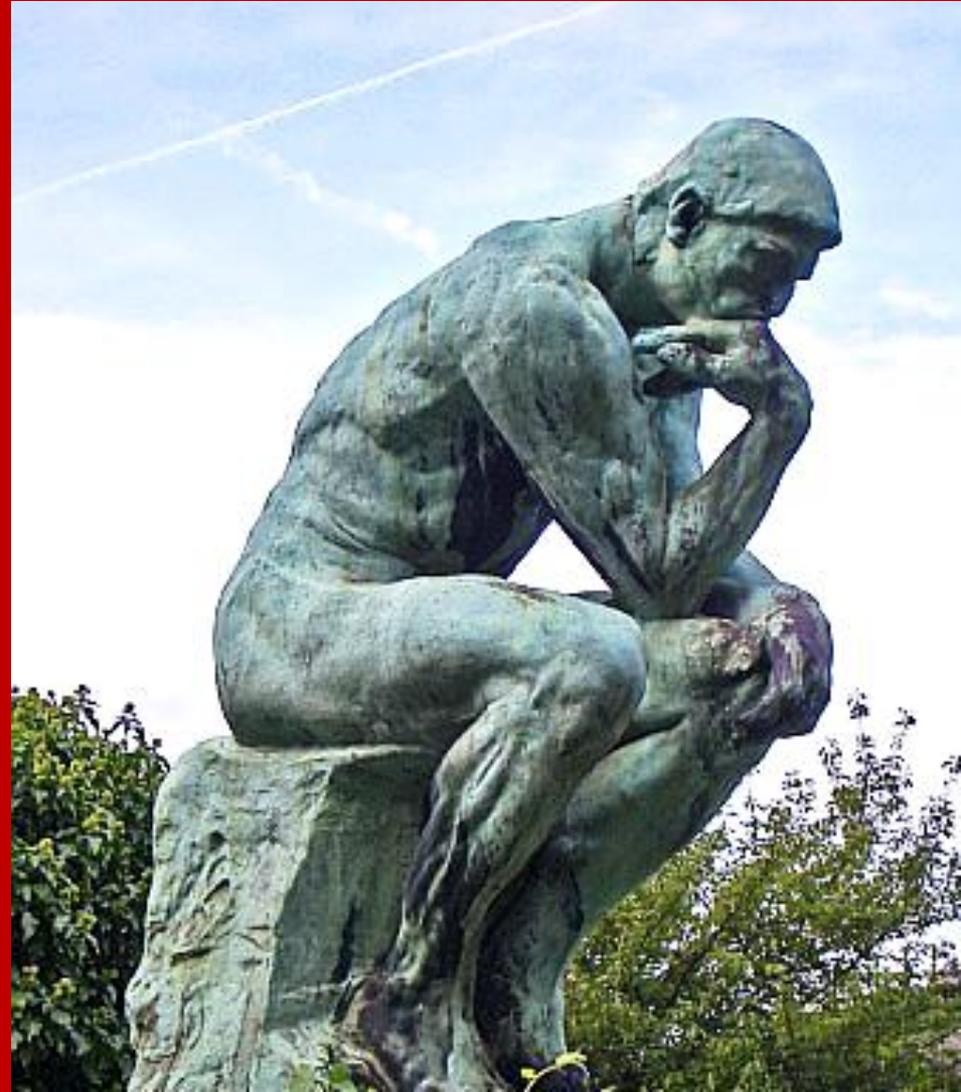
# Pondering Pentecost's Feast

**Different food for  
different folks.**



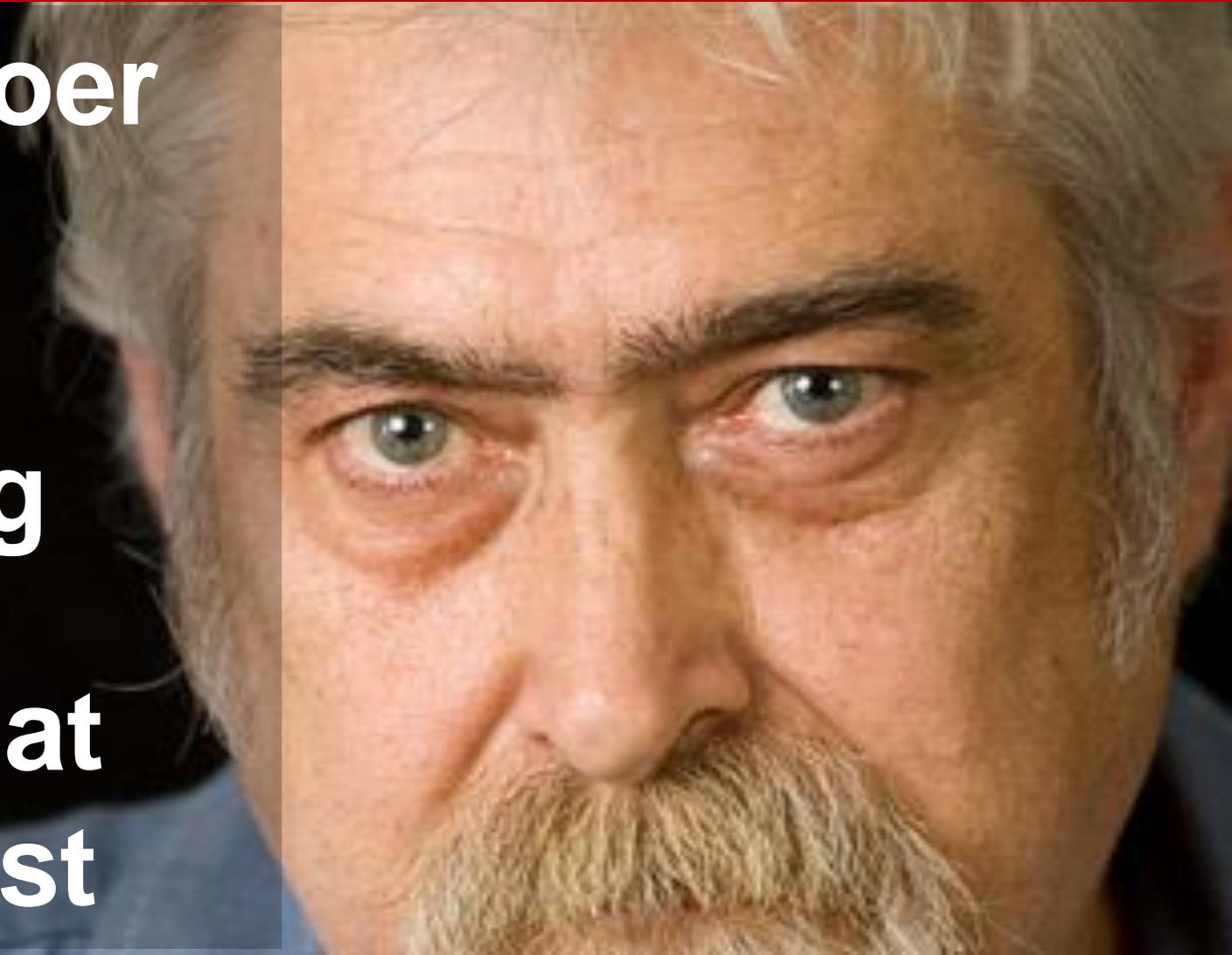
**Tony  
Thinker  
from  
Tuncurry  
Thinking  
about  
Pentecost.**

**Substance  
from  
sermon,  
scriptures,  
discussion.**



**Derek Doer  
from  
Dyer's  
Crossing**

**Actions at  
Pentecost**



A hand-drawn diagram of an action plan. It features a white rectangular area with a thick green border, held together by two green binder rings at the top. Inside this area is a blue-bordered table with four columns. The columns are labeled 'what', 'how', 'who', and 'when' in red, lowercase letters. The table is currently empty, with no text or marks in the cells.

what	how	who	when

# Action Plan

action  
plan



**Feeling  
Freda from  
Forster**

**Feeling  
at  
Pentecost**

# Pondering Pentecost's Feast

Different food  
for different  
folk.



I Can't  
KEEP CALM

I'm Feeling  
INSPIRED

# Pearl the Prayer from Pacific Palms

Praying at  
Pentecost





**God  
focussed.**

**Hearing not  
speaking.**



**Open to the Spirit**

Colorbox



# Symbols of the Holy Spirit

**I believe in God, the Father almighty,  
Creator of heaven and earth.**

**I believe in Jesus Christ, God's only  
Son, our Lord, who was conceived by  
the Holy Spirit, born of the virgin  
Mary, suffered under Pontius Pilate,**

**suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose from the dead;  
he ascended into heaven, and is  
seated at the right hand of the Father;**

**from there he will come to judge  
the living and the dead. I believe in  
the Holy Spirit, the holy catholic  
Church, the communion of saints, the  
forgiveness of sins, the resurrection of  
the body, and the life everlasting.**

**Amen.**

Today we sing our prayers of intercession.  
Please join in singing when you feel you  
know the simple tune.

***Hear our prayer, Hear our prayer***

For all your church, Lord:  
may we be one.

***Hear our prayer, Hear our prayer***

For all the nations:  
lead us to peace

***Hear our prayer, Hear our prayer***

Banish all hatred:  
free us from fear.

***Hear our prayer, Hear our prayer***

May all our children:  
grow in your love.

***Hear our prayer, Hear our prayer***

Come Holy Spirit:  
renew our hearts

***Hear our prayer, Hear our prayer***

Send us Your gifts Lord:  
teach us to serve.

***Your kingdom come:***

***Your will be done***

Father in heaven:

Hallow Your name

***Your kingdom come:***

***Your will be done***

Forgive us our sins Lord:

As we forgive

***Your kingdom come:***

***Your will be done***

Save us from evil:

and from all trial

***Your kingdom come:***

***Your will be done***

Yours is the Kingdom:  
glory and pow'r

***Your kingdom come:***

***Your will be done***

We remember that the Lord Jesus died  
to take away our sins.

*silence*

Let us confess our sins to the God who  
knows us through and through.

***Holy God, we have  
disobeyed your commandments,  
we have resisted your call,  
we have failed to live  
by your generous love.  
We are sorry for all our sins,  
and ask you to forgive us,  
through Jesus Christ our Lord. Amen***

God who has called us is faithful,  
and will not remember our sins.  
Your sins are forgiven,  
your failures are forgotten  
through Jesus Christ our Saviour.  
Live by the Spirit's transforming power,  
and forgive as you have been forgiven.

***Amen.***

The peace of the Lord  
be always with you.

*And also with you.*

We greet one another  
with the peace of Christ.

**You've poured out Your Spirit,  
Great Father of Life,  
Your presence, Your power,  
the Spirit of Christ,  
The fruit of His triumph,  
the breath of His love,  
The proof He has risen  
and reigns now above.**

**Your promise is given  
in wind and in flame,  
With lives now ignited  
to burn in Your name.  
Now loving, now holy,  
now hold in the truth,  
Your body, Your people  
are one, Lord, in You.**

**We praise You, our Father,  
the Fountain of Life,  
For comfort and challenge,  
for purpose and light.**

**In love we will share all  
the gifts You provide  
That all may be blessed  
and our Lord glorified.**

**Your challenge is sounding.**

**Our calling is clear:**

**To live out a gospel  
the needy can hear.**

**Lord, help us to go till  
all people have heard,**

**And touch every life with  
the love of the Lord.**

Text: Walter C. Smith, 1867 alt

Tune: Welsh, in J.Roberts' *Caniadau y  
Cyssegr* 1839

The Lord be with you.

*And also with you.*

Lift up your hearts.

*We lift them to the Lord.*

Let us give thanks to the Lord our God.

*It is right to give our thanks and praise.*

With all our hearts we praise you, faithful God. In the beginning, you called light to shine in darkness, you made living things to grow and flourish and you created human beings in your image. You chose us in love, guided us by your presence and blessed us with your holy law.

Yet we chose our own sinful ways.  
We broke your commandments,  
persecuted your prophets,  
forgot your wisdom and, time after time,  
refused to answer your call.  
So you spoke an eternal word in a human  
voice in Jesus of Nazareth, son of Mary,  
Son of God. He called and people  
followed, leaving every other loyalty.

He set us free to praise your holy name. But hatred and violence shouted Jesus down. Betrayed and abandoned and nailed to a cross, he laid down his life for the world he loved, and broke the chains of evil and death. Then you turned our sorrow into joy.

On the third day you raised him up to lead  
your people into life. So we praise you, holy  
God, with angels and archangels and all your  
faithful people:

***Holy, holy, holy Lord, God of power and might.***

***Heaven and earth are full of your glory.***

***Hosanna in the highest.***

***Blessed is he who comes in the name of the Lord***

***Hosanna in the highest.***

On the night before he died,  
Jesus gathered with his friends  
to share a meal and wash their feet,  
teaching one more lesson of love.  
He took bread and blessed you and broke  
it. He gave it to them and said:  
“Take this and eat it. This is my body.”  
He took a cup of wine and blessed you  
and gave it to them.

He said: “Take this and drink it.  
This is my blood, sealing God’s promise to  
forgive your sins. Whenever you do this, do  
it in memory of me.”

As we share these holy gifts, we remember  
the Lord Jesus. For the love you taught us,  
the sacrifice you made for us  
and the hope you give us,  
we acclaim you, O Christ:

***Dying you destroyed our death.***

***Rising, you restored our life.***

***Christ Jesus, come in glory.***

And now, faithful God, send us your Spirit to feed us with the body and the blood of our Saviour, Jesus Christ. Make us one body in Christ. Send us as your messengers in the world and fill us with energy, courage and love. Now to you, most holy God,

through Christ your Son  
and in the Spirit's power,  
we bring our worship  
and our songs of praise:

***Blessing and honour and glory  
and power are yours for ever and ever.  
Amen.***

As this broken bread was once many grains, which have been gathered together and made one bread:

***so may your Church be gathered from the ends of the earth into your kingdom.***

The gifts of God for the people of God.

Draw near with faith, to feed on Christ in your hearts with thanksgiving.

Communion is shared

This is the Lord's table - all who seek  
God's love and mercy are welcome.

*An opportunity  
to be open to the Spirit.*

We thank you, God, for all the blessings of this table: for the life-giving story, the living bread and the wine of new creation.

***Send us, we pray, in the strength of this meal, to tell the Good News to neighbours and strangers with creative words and compassionate service, walking the way of Christ.***

God stir up within you the gift of the Spirit, that you may confess Jesus Christ as Lord and proclaim the joy of the gospel, wherever you may be and the blessing of God, the Father, the Son and the Holy Spirit, be upon you now and for ever. ***Amen.***

**Filled with the Spirit's power, with  
one accord**

**the infant church confessed its  
risen Lord:**

**O Holy Spirit, in the church today  
no less your power of fellowship  
display.**

**Now with the mind of Christ set us  
on fire,  
that unity may be our great desire:  
give joy and peace; give faith to  
hear your call,  
and readiness in each to work for  
all.**

**Widen our love, good Spirit, to  
embrace  
in your strong care all those of every  
race:  
like wind and fire with life among us  
move  
till we are known as Christ's, and  
Christians prove.**

John Raphael Peacey 1896 – 1971 *alt*

Words by permission Hope Publishing Co. USA  
Music by permission Oxford University Press.

To a troubled world  
*peace from Christ.*

To a searching world  
*love from Christ.*

To a waiting world  
*hope from Christ.*

We go out in peace  
*in the name of Christ. Amen!*